

## **Carpathian MTB Epic 2019 - Race Rules**

### **About the Event**

**Carpathian MTB Epic** (hereinafter referred to as "the Race" or "the Event") is a multi-stage mountain-bike race organized in the Carpathian mountains in Romania, open to Elite (UCI) as well as aspiring and hobby riders.

The Event is scheduled between the 1st and 4th of August 2019. For the whole duration of the event, the Race Village is located at the Cheile Gradistei Fundata Resort & SPA in Moeciu, county of Brasov (GPS 45.453381, 25.300852).

### **Applicability of the Rules**

The rules described hereinafter are intended to be definitive and final. The race adheres to the UCI rules and regulations.

The rules can be updated and amended at any time. The version of the rules that are applied on the 1<sup>st</sup> day of the Event will remain valid for the entirety of the Event. Failure to comply with any of the rules will result in an official warning or penalty, which could include a rider's disqualification in certain circumstances.

The interpretation of the rules during the race by the Commissaires, in consultation with the organizer, will be final and binding on all Race participants.

### **Riders**

Participants must be at least 19 years old. The allocation of a participant to a specific age group is determined by subtracting his/her birth year from the year of the race (2019). For example, if a rider is born in 1985, his/her age will be considered to be 34 for the purpose of the Race.

### **Race options**

There are 2 Race options available at entry: the full 4-day EPIC experience, or the 1-day Challenge.

The 4-day EPIC includes a Prologue and 3 daily stages. The Prologue (Thursday, 1st of August) is an XCT (cross-country time trial) qualifying race whose results will be used to determine the competitors order at the Start line for Stage #1. Each of the 3 stages is run on a distinct cycling route: Stage #1 on Friday (2nd of August) – 43 km, with 2150 m of climbing; Stage #2 on Saturday (3rd of August) – 60 km, with 2850 m of climbing; Stage #3 on Sunday (4th of August) – 60 km, with 2500 m of climbing.

The 1-day Challenge will take place on Sunday (4th of August), on a distinct course with a distance of 43 km and 1800 m of climbing.

The Prologue held on the 1st of August is a qualifying race. The results are used to determine the competitors order at the Start line for Stage #1 and count towards the overall time and overall ranking.

All stages may suffer alterations prior to the start of the Event, in order to insure a superior experience. Final routes will be communicated through the official channels (website, Facebook page) approximately 2 weeks prior to the start of the Event.

### **Race categories**

The following race categories will be organized.

#### ***UCI S2 Elite Categories | 4-day EPIC***

- Elite Women, 19+ years
- Elite Men, 19+ years

#### ***Amateur Categories | 4-day EPIC***

- Amateur Women, 19-39 years and 40+ years
- Amateur Men, 19-39 years, 40-49 years and 50+ years

#### ***Amateur Categories | 1-day Challenge***

- Women, 19-39 years and 40+ years
- Men, 19-39 years, 40-49 years and 50+ years

If a race category does not have a minimum of 2 registered riders, the race category will be joined with the inferior one. If the minimum number of 2 riders is not achieved after joining all race categories for the same gender, the race will be considered to be non-competitive and no prizes will be offered.

### **Medical**

It is every rider's responsibility to ensure that he/she is in good health, has acquired sufficient riding experience and has reached the necessary fitness level to participate. We strongly advise all participants to have a full medical checkup one month or less prior to arriving at the Race.

The Race Director and/or the Commissaires have the right to remove a rider from continuing the race on the basis of inadequate medical condition, indicated by an official Race doctor or any other medical official recognized by the organizers. The decision is considered to be final.

## **Insurance**

Participants to Carpathian MTB Epic should pose a medical insurance covering accidents incurred in relation to competitive events. Participants are strongly advised to make sure that their medical or travel insurance covers the situation of MTB (or other extreme sports) competitive events. Participants should not assume in any way that the registration to the event includes, explicitly or implicitly, a health insurance covering the risk of accidents during the competition. In addition, it is highly recommendable that participants should own bike insurance. Organizers will assume the responsibility for a participant's bike solely as long as it is parked in the Bike Park.

## **Bikes**

It is every rider's responsibility to ensure that his/her mountain bike is in good working order and race-ready at the start of each stage. "Race-ready" means the following:

- Race number is securely fitted and visible from the front;
- The bike is in safe working order, with all parts functioning normally as determined at the discretion of the organizer;
- The bicycle should have handlebars that allow it to be ridden and maneuvered in any circumstances and in complete safety. Handlebar ends and handlebar extensions shall be plugged and must not have sharp or jagged edges. The use of tribars and bladed wheels is not allowed;
- Bicycles may be propelled only through a chain set and by the rider's leg action, without any form of assistance (electrical or otherwise);
- The use of tires fitted with metal spikes or screws is not permitted;
- Tandem bikes are not allowed.

Each rider is responsible for the maintenance of his/her own bike for the duration of the Race. Riders may carry tools and spare parts provided that these do not involve any danger to the rider himself or the other competitors.

Bike changes are not permitted and the rider must cross the finish line with the same handlebar number plate that he had at the start.

In all cases of maintenance and repair, in order to be considered finishers, riders are required to complete the full distance of the stage and must complete the stage within the maximum stage time. Time spent on maintenance and repair will thus not entitle a rider to any extension of the maximum stage time.

### **Helmets, clothing and equipment**

Each rider must wear a helmet at all times while riding during the race. All helmets must comply with international 'ANSI' standards. Appropriate riding attire, including a shirt, must be worn at all times.

The use of earphones and radios during the race is not allowed.

The Race organizers may at any time prohibit any other item of equipment (other than essential cycling equipment) at their discretion and riders shall at all times comply with any such prohibition.

For each race day, all riders must carry a personal GPS device and have the tracks loaded on it. Riders not carrying the device risk not being allowed to start in the race. Sharing the tracks is not permitted given the status of some of the roads being traversed (protected areas, private domains, etc.). Final tracks will be sent by email in the week of the event. If you did not receive the tracks one day before the start of the event, please contact us or submit your request at the Race Office, in the Race Village.

All riders must carry a raincoat at all times and the safety blanket provided by the organizer. You can replace a used safety blanket at the Race Office. Please make sure to come prepared with all the necessary clothing for low temperatures and bad weather.

### **Tracking**

All riders registered for the 4-day EPIC race will be given special GPS tracking devices, fitted with SOS buttons. The tracking device can be carried in the back pocket of your outer clothes.

Carrying the device during all stages of the event is mandatory. Riders not carrying the device will not be allowed to start in the race. The devices will allow the organizing team to track riders live and respond to emergencies in the shortest time possible.

### **Rider identification**

Bike numbers must remain firmly fixed on the front of the bike and may not be obscured by cables or any other item.

No rider may carry more than 1 bike/race number (including timing chip) at any time, and no rider may pass his/her bike/race number on to anyone else at any time throughout the Event. If a rider breaches this rule, he/she will automatically be disqualified from the Race and removed from the General Classification results and any subsequent Stage Classification results.

Race numbers may not be modified or mutilated in any way, including cutting, adding stickers, removing existing stickers or trimming.

No official Carpathian MTB Epic sponsor logos may be removed from Race numbers and/or be obscured in any way.

Podium finishers and overall category leaders must be present at the finish line awards ceremony (if applicable) and the evening awards ceremony as advertised in the Event program, including the final ceremony.

### **The Prologue**

The Prologue is a mandatory race. The results are used to determine the competitors order at the Start line for stage #1 and count towards the overall time and overall ranking.

Each rider will receive a pre-allocated start time for the Prologue race. It is the rider's responsibility to know his/her start time. Start times will be publically available on the official Event website, at least one day before the race starts.

Riders must report at the entrance to the start chute at least 15 minutes before the allocated start time.

If a rider misses their start time, he will be allowed to start at the discretion of the Commissaires if the race format allows it, without affecting the experience of the other riders.

The organizers may make provision for a course practice. No riders are allowed on the course outside the official practice times (if applicable) or on race day before their allocated start time.

### **Stage starts**

The start chute opens 45 minutes before the start of each stage, unless communicated otherwise.

Separate start zones will be allocated according to overall ranking in the race. All riders will start at the start line time or "Gun Time".

In certain circumstances, organizers may allocate different (i.e. "staggered") start times for each starting zone. Should staggered start times be allocated, any reference to start times in these rules will be to the start time applicable to the particular rider's start zone.

The seeded starting zones will close strictly 10 minutes before their start time. Riders arriving late must start at the back of the queue if otherwise not indicated by the Race Director.

Riders must enter the start zone with their bikes, and once entered must remain in the start zone with their bikes.

### **Route and stages**

Riders must complete the entire designated route and distance of the Prologue and all the three stages.

Only riders who complete each of the three stages within the maximum stage time will qualify as official race finishers.

The actual race distance or route may vary from the published or briefed distance.

A rider must at all times follow the official route, obey the directions of the course marshals, and may not take any shortcuts or take any other advantage of a similar nature against competitors. The responsibility for following the official route lies with each rider.

Riders who exit the route for any reason must return to the course at the same point from which they exited.

The organizers will obtain passage rights for all riders to access the designated routes for all stages solely during the days of the Race and only for the purpose of the Race. There is no explicit or implicit right secured by the organizers from local authorities or landowners for any rider to access any of the designated routes for the stages. No rider shall trespass at any time of the year on land which is not open to the public for mountain biking and which forms part of the race route of Carpathian MTB Epic.

The Race takes place over a combination of private and public land. It is the duty of all participants to adhere to the rules of the Romanian civil code regarding road use (ex. driving on the right-hand side of the road) so as to ensure the safety of all participants and road users. Failure to do so may result in the participant being disqualified.

**The Race organizers may abandon any stage at any time, in their sole discretion, for safety concerns or any other reason that they consider appropriate.** In case any stage is canceled due to extreme weather conditions, the Commissaires, in consultation with the organizer, can invalidate all results for that specific stage.

#### **Race timing & results**

##### *Did not finish (DNF)*

Any rider who withdraws from a stage or who does not reach the designated cut-off point for abandoning the stage will be classified as 'Did Not Finish' or DNF. DNF riders will not be eligible for prize money or other prizes for the respective stage and the overall ranking and no longer appear in the General Classification results.

A rider classified as DNF in one stage or Prologue may start in subsequent stages. However, he/she will not appear in the daily Stage Classification results of such subsequent stage(s) and will not be eligible for prize money or prizes awarded for such stage(s).

#### *Did not start (DNS)*

In case a participant does not start in the Prologue, in one or more stages, he/she will be considered a DNS and will not receive a stage or Prologue result, and will be removed from the General Classification and will therefore not be eligible for prize money or prizes related to the overall ranking.

A rider classified as DNS in one stage or Prologue may start in subsequent stages. However, he/she will not appear in the daily Stage Classification results of such subsequent stage(s) and will not be eligible for prize money or prizes awarded for such stage(s).

#### *Start time*

Timing will start with the start line time every racing day.

The start line will remain open for 15 minutes after the start time.

Any rider who does not make the start time must report to the Race Director within 15 minutes of the start time to seek approval for a late start.

No rider is allowed to start late without approval. If no approval for a late start has been given, the rider will be considered a DNS (Did Not Start), and will not receive a stage result.

The maximum stage time will not be adjusted for any rider who is permitted a late start and/or, in case of staggered start times, who started in a start zone with a later start time than his/her own.

#### **Maximum stage times**

The maximum stage times are determined according to the length of each stage and the terrain to be covered. Maximum stage times will be included in the Race registration pack, but may be varied by the Race organizers at their discretion. Any variations will be communicated to riders at the stage briefing on the night before the relevant stage or/and prior to the start.

In case a rider finishes a stage in a time greater than the maximum stage time set for the respective stage, he/she will be marked as DNF (did not finish).

Riders may cross the finish line on foot provided that they have their bikes with them.

The race organizers may designate intermediate cut-off points that must be reached within specific times on each stage. Any rider which fail, or will in the sole opinion of the Race organizers and Race

Marshals be unable, to reach intermediate cut-off points will be prevented from continuing to ride, be swept from the course and be classified as DNF (did not finish) for that stage.

The Race organizers may at any time impose additional cut-off points due to safety reasons. Any rider not able to complete a stage will be transported to the stage finish.

If a rider cannot continue the race for whatever reason, all effort will be made to transport such rider and his/her bike to the race finish at no additional cost for the rider.

Any rider who does not complete a stage within the maximum stage time for the first time will be classified as a DNF rider.

Stage DNF riders will be entitled to continue the race (i.e. they may start the following stage), but will not be shown in the General Classification results.

### **Checkpoints**

There will be checkpoints on each stage, which will be shown on the stage race map.

Race Marshals will be located in some of these checkpoints. Riders that are not detected when passing these checkpoints may be disqualified. The location of these checkpoints will not be made explicit, and hidden checkpoints are not excluded.

### **Registration and Briefing**

Race registration takes place only in the Race Village, at a time and location indicated on the Race website.

Riders must report to registration and carry with them a form of ID including a photograph on it, such as ID card, passport or drivers license. Participants competing as UCI riders must have with them their UCI license and an authorization letter from their federation to compete on the dates of the races (does not apply to Romanian UCI riders).

A pre-race briefing will take place at the time and place indicated on the official website and is compulsory for all riders.

### **Nutrition and Hydration**

Carpathian MTB Epic passes through mountainous regions of Romania and weather conditions are variable. Riders retain the ultimate responsibility to carry enough water and nutrition with them.

The Race organizers will provide water at official Nutrition & Hydration Points on the route, which is intended for drinking purposes only. No excessive use of water for any other purpose will be permitted at these official Nutrition & Hydration Points.



### **Rider support**

No outside assistance is permitted under any circumstances including physical assistance by any person other than a fellow competitor or accredited checkpoint staff at official Nutrition & Hydration Points on the route.

Drafting is allowed between riders and fellow competitors.

No other form of drafting is permitted whatsoever, including but not limited to drafting behind private vehicles, motor cycles, trucks and official race vehicles.

Specific escort vehicles not provided by the race organizers are not permitted to follow the Race route. However, supporters may drive their own vehicles along public roads to reach designated viewing points to vocally support riders.

Some sections of the course may be closed to all non-event traffic – including some public roads. Such closure must be respected by everyone not related to the Event.

No rider supporter may access any restricted and/or prohibited area in the Race Village.

### **Medical and Technical assistance**

Medical assistance will be made available by the Race organizers at specific checkpoints along the route, which will be marked on each daily stage map.

A tool kit will be available at all Nutrition & Hydration Points along the route for 'self-made running repairs'.

Technical assistance will be available in the Race Village each day. A general check of the bike and lubrication will be available for free. Thorough bike maintenance work and spare parts will be available as a paid extra service.

### **Withdrawals**

Riders who cannot continue the race for whatever reason must immediately inform the Race Office. This can be done at the race start, the finish, checkpoints or by calling the Carpathian MTB Epic emergency mobile numbers (numbers printed on each bike/Race number).

Should any rider fail to inform the Race Office of his/her withdrawal, and should a search and rescue operation be initiated for such rider, the cost of the search and rescue must be covered by the rider.

### **Environmental and Ethical**

Riders must respect the environment at all times, and no littering or damage to the environment will be tolerated. In particular, but without limiting the generality of this rule, the following actions are specifically prohibited:

- Throwing away of water bottles, packaging or bike spares;
- Deviating from the route; and/or
- Smoking at any point on the route is not permitted.

### **Anti-Doping**

All participants registered as UCI riders must comply with the set of Anti-Doping rules of the UCI Regulations.

### **Protests**

All protests must be submitted in writing, at the Race Office, after the rider has crossed the finish line, within the allocated time period set out below.

Race protests must be submitted within 1 hour of the rider crossing the finish line.

Result protests must be submitted within 1 hour of posting of preliminary results for the relevant stage.

### **Conduct, discipline and procedures**

All riders are expected to display good sportsmanship at all times, and must not use offensive or abusive language during the Race, act in an unsporting manner, be disrespectful to the officials or ignore the Race regulations.

All team managers and other applicable licenced officials involved with the Race must comply with the Discipline and Procedures regulations imposed by UCI and will be subject to the penalties set out therein.

### **Discretion of the Race Commissaires and Race Organizers**

Where any additional rule interpretation is required, or where specific provision for any incident has not been made in these rules, the decision of the panel consisting of Race Commissaires and Race organizers will be final.

### **Processing of personal data**

No data, information and / or facilities offered through the Carpathian MTB Epic event site [www.carpathianmtb.ro](http://www.carpathianmtb.ro) and/or its registration Partner [www.ridersclub.ro](http://www.ridersclub.ro), will be used by the Organizers for personal purposes. Carpathian MTB Epic and / or the Organizers are exonerated of any liability whatsoever for their use without the permission of the Carpathian MTB Epic and / or the Organizers or for illicit purposes by any person, including registered participants. The Organizers undertake to comply with the provisions of Law no. 677/2001 on the protection of personal data. The Organizers undertake to keep the personal data of the participants and to use them in accordance with these Rules and the legislation in force. The processing of any personal data will be done in compliance with the Law 677/2001 on the Protection of Individuals with regard to the Processing of Personal Data and the Free Movement of such Data, which provides for various rights including the right to information (Article 12) (Article 13), the right to interfere with data (Article 14) and the right to object (Article 15).

The personal data collected upon enrolling in the Competition (ex. name, surname, contact address, e-mail address, mobile phone number, date of birth, Personal Numeric Code) are required for the unequivocal identification of the participants, including prize giving, the Organizers' tax obligations related to prizes and checking the age of the competitors in connection with the admission to the appropriate race type. Participants' personal data will be used strictly for the needs of the Event, including rankings, prizes, information through various means of communication (mail, e-mail, SMS or other means of communication permitted by law) regarding the Event and the participation of competitors and information on the next edition of the Event, the registration of the winners of the races and the production of internal statistical reports on the participants. The Organizers agree that the personal data of the participants will not be disseminated to third parties, except for the Organizers' empowered representatives.

### **Provisions of the commitment to participate in Carpathian MTB Epic**

The Organizer reserves the right to make changes to the information communicated to the participants, these Rules or the Event program, if the changes improve the Competition or the safety of the participants. Changes will be brought to the attention of the participants until the moment of the official start of the race.

By signing up for Carpathian MTB Epic, the participants agree that under no circumstances should they associate the names of Carpathian MTB Epic and / or Asociatia Clubul Sportiv MPG („Organizer”) and its partners Media Production Group and MTB Academy (the "Partners") with illicit activities or violation of good morals.

Carpathian MTB Epic and / or the Organizer and its Partners will not assume any liability whatsoever for the actions / inactions committed by a participant to the Event that would cause material or

moral damages to third parties, individuals and / or juridical persons. In relation to participation in a race, responsibility for the safety of personal property not entrusted to the Organizer during the race is entirely due to the participants in the Competition, the management of Carpathian MTB Epic and the Organizer and its Partners not offering any kind of insurance, implicit or explicit.

By signing up for Carpathian MTB Epic, participants are deemed to agree to waive claims of any kind against the Organizer and its Partners, including those relating to possible bodily integrity or health damage incurred during the journey to / from the event or during the Event.

By signing up for Carpathian MTB Epic, participants are deemed to implicitly agree:

- a. To release the Organizer and its Partners full rights over their image (single and / or group), static or in motion, during Carpathian MTB Epic and in relation to the Event;
- b. To recognize the Organizers' and its Partners' right to record and use personal data (ex. name, appearance, voice) using any media (including audio, photo and video) for the purpose of presenting and processing the results of the races, promoting Carpathian MTB Epic and any activities carried out in connection with the Event;
- c. To have no material or any other claim whatsoever against Carpathian MTB Epic and / or the Organizer and its Partners in connection with the exercise by them of the rights set out hereinabove;
- d. To participate at own will in promotional activities of Carpathian MTB Epic, subject to availability, if there is a request from the Organizer or its Partners.

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